Long Noncoding RNA H19-Derived miR-675 Enhances Proliferation and Invasion via RUNX1 in Gastric Cancer Cells

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The lncRNA H19 and its mature product miR-675 have recently been shown to be upregulated and promote the progression of gastric cancer. However, the detailed function and underlying molecular mechanism of H19/miR-675 in the carcinogenesis of gastric cancer remains unclear. In this study, we found that H19 depended on miR-675 to enhance the proliferation and invasion of gastric cancer AGS cells, and the expression of miR-675 was positively correlated with H19 in patients with gastric cancer. Subsequently, the tumor-suppressor runt domain transcription factor 1 (RUNX1) was confirmed to be a downstream molecule of H19/miR-675 axis, since overexpression of H19 or miR-675 significantly decreased RUNX1 expression in AGS cells, and knockdown of H19 or miR-675 enhanced RUNX1 expression. More importantly, a series of assays further demonstrated that introduction of RUNX1 abrogated H19/miR-675-induced Akt/mTOR pathway activation and the following cellular proliferation and invasion of AGS cells. To our knowledge, this is the time to demonstrate that RUNX1 serves as a link between H19/miR-675 axis and Akt/mTOR signaling and is a pivotal mediator in gastric cancer progression induced by H19/miR-675. Thus, our study provides important clues for understanding the key roles of lncRNA-miRNA functional network and identifying new therapeutic targets for gastric cancer.

Key words: H19; miR-675; Runt domain transcription factor 1 (RUNX1); Akt/mTOR pathway; Gastric cancer

INTRODUCTION

Gastric cancer was the fifth most common malignancy (952,000 cases, 6.8% of the total) and the third leading cause of cancer-related death in both sexes worldwide (723,000 deaths, 8.8% of the total) in 2012 (1). Due to multiple risk factors involved in the progression of gastric cancer, especially Helicobacter pylori infection, adequate surgery, as the cornerstone of gastric cancer treatment, has only slightly improved the disease-free survival over the last few decades, and locoregional control for advanced disease remains very difficult (2). Therefore, it is essential to further elucidate the underlying molecular mechanisms of gastric cancer progression and thus identify new prognostic biomarkers and therapeutic targets for this disease.

In recent years, emerging evidence has strongly suggest that long noncoding RNAs (lncRNAs), defined as endogenous cellular RNAs of more than 200 nucleotides in length, play critical roles in a wide repertoire of biological processes that could contribute to disease occurrence (3,4). More importantly, numerous studies have confirmed that multiple lncRNAs are involved in the regulation of cancer progression (5–11). For example, the expression of lncRNA loc285194 is associated with the pathogenesis of colon and breast cancers. As a p53 transcription target, loc285194 inhibits tumor cell growth both in vitro and in vivo, in part through repressing the expression of oncogene miR-211 (12). Prostate cancer gene expression marker 1 (PCGEM1), being a coactivator for both androgen and c-Myc, not only reprograms the androgen network and the central metabolism in a tumor-specific way but also suppresses tumor-suppressor miR-145 expression and thus promotes prostate cancer growth both in vitro and in vivo (13,14).

In gastric cancer, lncRNA metastasis-associated lung adenocarcinoma transcript 1 (MALAT-1) overexpression was correlated with a poor overall survival of patients with hepatocarcinoma (15), and it is also
aberrantly upregulated in non-small-cell lung carcinomas, breast cancer, pancreatic cancer, colorectal cancer, and prostate cancer (16–18).

lncRNA H19 is produced from paternally imprinted genes H19 and has been considered as an oncogenic lncRNA in many types of cancers, including hepatocarcinoma, bladder cancer, breast cancer, esophageal cancer, and glioma (19–23). In gastric cancer, studies have found that lncRNA H19 abnormally upregulated (8,24,25) and contributed to the proliferation of gastric cancer cells by inactivating p53 (26) or via miR-675 to inhibit a well-known tumor suppressor, runt domain transcription factor 1 (RUNX1) expression (27,28). However, the precise underlying mechanism of H19 in gastric cancer tumorigenesis still needs to be further explored. The Akt/mTOR signaling axis has been shown to be regulated by RUNX1 (29,30) and is activated in the majority of human cancers, including gastric cancer (31,32). The H19/miR-675 signaling axis also has been shown to promote glioma cell invasion (22). Consequently, we speculated that RUNX1 may play a critical role in the tumorigenesis process by regulating the Akt/mTOR pathway that is activated by H19-derived miR-675.

Thus, in the current study, we explored the clinical feature, pathophysiological roles, and potential mechanism of lncRNA H19 and miR-675 in gastric cancer carcinogenesis. We found that H19 mainly depended on miR-675 to promote gastric cancer progression. Furthermore, we identified that H19-derived miR-675 activates Akt/mTOR pathway via inhibiting RUNX1 expression and thus modulates gastric cell carcinogenesis, which may serve as a potential diagnostic and therapeutic target for gastric cancer.

**MATERIALS AND METHODS**

**Gastric Cancer Tissue and Cell Culture**

Cancer tissue samples were obtained from Renmin Hospital of Wuhan University and Central Hospital of Enshi Autonomous Prefecture. Samples were immediately preserved in RNA fixer (Biotek, Beijing, China) after removal from the body and stored at −80°C until further use. This study was approved by the Ethics Committee of Renmin Hospital and Central Hospital of Enshi Autonomous Prefecture. The patients’ characteristics are detailed in Table 1. The human gastric cancer cell line AGS and the immortalized human gastric epithelial mucosa cell line GES-1 were obtained from the American Type Culture Collection (Manassas, VA, USA). All cell lines were maintained in RPMI-1640 medium (Hyclone) with 10% fetal bovine serum (FBS; Gibco) and cultured in a humidified incubator with 5% CO₂ at 37°C.

**RNA Extraction and Quantitative Real-Time PCR**

RNA was extracted from cells using TRIzol (Invitrogen) following the manufacturer’s protocol. To detect the levels of miR-675 in cells, reverse transcription (RT) was conducted with the Applied Biosystems TaqManH MicroRNA Reverse Transcription Kit (Applied Biosystems, Foster City, CA, USA). The primers for the miR-675 were purchased from Life Technologies (USA). The human U6 RNA was amplified in parallel as an internal control. For mRNA detection, the primers used in this study were as follows: H19 (forward: 5’-TACAACCACTGCATACGCTT-3’; reverse: 5’-TTGGATGTTTGGCATTGCCTCT-3’); RUNX1 (forward: 5’-CCGAGAAACCTGAGACATC-3’; reverse: 5’-GATGGTTGCATCGCTCTT-3’); and GAPDH as an internal control (forward: 5’-ACCCAGACCTGCGGACATC-3’; reverse: 5’-TCCACACCCCTGTTGCTGTA-3’). The ABI StepOne Plus (Applied Biosystems, Foster City, CA, USA) was used to perform the amplification

| Table 1. The Clinical Characteristics of the Gastric Cancer Patients |
|---------------------|-----------------|------|
| Variables           | No. (n = 114)   | Percent |
| Age (years)         |                 |       |
| <60                 | 38              | 33.3% |
| ≥60                 | 76              | 66.7% |
| Gender              |                 |       |
| Male                | 83              | 72.8% |
| Female              | 31              | 27.2% |
| Diameter (cm)       |                 |       |
| <5                  | 67              | 58.8% |
| ≥5                  | 47              | 41.2% |
| CEA                 |                 |       |
| Positive            | 71              | 62.3% |
| Negative            | 43              | 37.7% |
| CA19-9              |                 |       |
| Positive            | 58              | 50.9% |
| Negative            | 56              | 49.1% |
| Differentiation     |                 |       |
| Well                | 11              | 9.7%  |
| Moderate            | 47              | 41.2% |
| Poor                | 56              | 49.1% |
| Lymphatic metastasis|                 |       |
| Absent              | 31              | 27.2% |
| Present             | 83              | 72.8% |
| Invasion            |                 |       |
| Tis&T1–T3           | 37              | 32.5% |
| T4                  | 77              | 67.5% |
| Distal metastasis   |                 |       |
| Absent              | 71              | 62.3% |
| Present             | 43              | 37.7% |
| TNM stage           |                 |       |
| 0–I                 | 25              | 21.9% |
| II                  | 22              | 19.3% |
| III                 | 24              | 21.1% |
| IV                  | 43              | 37.7% |

All samples consist of 23 endoscopic biopsy samples and 91 surgery samples from patients with gastric cancer.
reaction. Each experiment was performed in triplicate, and the data were analyzed by the 2-ΔΔCt method.

**Transfection**

H19 cDNA (GenBank accession No. NR_002196.1) and RUNX1 cDNA (GenBank accession No. BC136381) were constructed into the multiple cloning sites of pcDNA3.1 vector (Invitrogen) according to Zhuang et al. (27). Knockdown expressions of H19/RUNX1 were performed by transfection with specific siRNA or its negative control (H19: 4390771; RUNX1: AM16708; Life Technologies), respectively. For the enhanced or knockdown expressions of miR-675, miR-675 mimic, inhibitor, and negative control were purchased from Life Technologies. A total of 5 × 10⁴ cells were plated in six-well plate for 24 h and then transfected with 30 nM of miR-675 mimic/inhibitor/negative control or 2 μg of each respective plasmid with Lipofectamine 2000 (Invitrogen) for 48 h. The cells were then subjected to RNA/protein extraction or further functional assays.

**Cell Proliferation Assay**

For the cell proliferation assay, 5 × 10⁴ cells were plated in a 24-well plate and transfected with related plasmids or oligonucleotides, and cell proliferation was determined using a CyQUANT cell proliferation assay (Life Technologies) according to the manufacturer’s protocol. The fluorescence intensity was measured using a fluorescence microplate reader (Molecular Devices, Sunnyvale, CA, USA).

**Colony Formation Assay**

Soft agar plates were prepared in six-well plates with a bottom layer of 0.5% agar in serum-free RPMI-1640 medium. The cells were first seeded in 35-mm tissue culture dishes for 24 h and then transfected with different agents. After trypsinization, 1,000 cells mixed with 0.35% agar in 10% FBS-supplemented RPMI-1640 medium were seeded as the top agar layer onto the agar plates. The cells were then incubated in a 37°C incubator for 3 weeks. The number of colonies was counted after the colonies were stained with 0.1% crystal violet and washed extensively with PBS.

**Invasion Assay**

Cell invasion was determined by the Transwell assay. The related oligonucleotides were transfected into the cells according to the protocol. After incubated for 48 h, 3 × 10⁴ cells were transferred on the top of the Matrigel-coated invasion chambers (BD Biosciences, USA) in a serum-free RPMI-1640 and RPMI-1640 containing 10% FBS was added to the lower chamber. After 24 h, non-invasion cells were removed, and the invading cells were fixed with 95% ethanol, stained with 0.1% crystal violet, and photographed (×100). Tests were repeated via three independent experiments.

**Western Blotting**

The oligonucleotides were transfected into the cells. Proteins were extracted from cells with RIPA lysis buffer (Beyotime, China) and were quantified using a BCA Protein Assay Kit (Beyotime). Thirty micrograms of protein lysates was loaded to SDS-PAGE. The electrophoresed proteins were transferred to PVDF membranes (Millipore, USA). The membrane was blocked in 5% nonfat milk and incubated with diluted antibodies (CST, USA), followed by incubation with a horseradish peroxidase-conjugated secondary antibody (1:2,000; Santa Cruz, USA). GAPDH was used as a control (1:1,000; CST, USA).

**Statistical Analysis**

All experiments were performed three times. Data are presented as the mean ± SD and analyzed by GraphPad Prism V.5.00 software (GraphPad Software, San Diego, CA, USA). Spearman rank test was used to assess the association between H19 and miR-675 expression level. Differences among different groups were tested by one-way ANOVA followed by Neuman–Keuls post hoc test. Two-sided values of p < 0.05 were considered statistically significant.

**RESULTS**

**H19 Positively Correlates With miR-675 Expression in Gastric Cancer Tissues**

miR-675 upregulation has been reported to be positively correlated with H19 expression in glioma, colorectal cancer, and gastric cancer (22,27,33,34). In order to further confirm this result in a different population of patients with gastric cancer, we initially analyzed the expression of H19 and miR-675 in gastric cancer tissues from patients in Hubei province of China. The expression levels of H19 and miR-675 were significantly upregulated in gastric cancer patients as reported by Zhuang et al. (27), and we further identified that H19 and miR-675 expression were associated with tumor grade (Fig. 1A, B). Correlation analysis further revealed that H19 positively correlated with miR-675 expression in gastric cancer tissues (r = 0.5725, p < 0.0001). Thus, these results further confirmed that, as the derivate of H19, miR-675 may be involved in H19-induced gastric cancer progression.

**miR-675 Is a Pivotal Mediator in H19-Induced Gastric Cancer Progression**

To further elucidate the role of miR-675 played in H19-induced gastric cancer progression, we first compared H19 and miR-675 expression between gastric epithelial mucosa cell line GES-1 and gastric cancer cell line AGS. As shown in Figure 1D, H19 and miR-675 were significantly increased in AGS cells. Then we transfected...
AGS cells with H19 siRNA or pcDNA-H19 and found that deprivation of H19 expression remarkably reduced miR-675 expression (Fig. 1E), while overexpression of H19 induced a high level of miR-675 expression. As miR-675 inhibitor downregulated pcDNA-H19-induced miR-675 expression (Fig. 1E), next we examined these kinds of treatment in gastric cancer progression. As shown in Figure 2A–E, miR-675 inhibitor rescued the promotion in the cellular proliferation, colony formation, and invasiveness of AGS cells induced by pcDNA-H19 transfection, and the declining level was even similar with H19 siRNA. Thus, these results suggested that H19 regulates the gastric cancer progression via miR-675.

**The Expression of RUNX1 Is Regulated by H19-Derived miR-675 in Gastric Cancer Cells**

RUNX1 is an important tumor suppressor gene; as shown in Figure 3A, it was predicted to be a direct target of miR-675 (http://www.mircoRNA.org/mircoRNA) and has been identified by Zhuang et al. (27). In our study, we found that both H19 and miR-675 significantly decreased RUNX1 expression in AGS cells, and miR-675 inhibitor significantly rescued RUNX1 expression that decreased by ectopic H19 expression (Fig. 3C and D). Thus, these results demonstrated that H19 depend on miR-675 to inhibit RUNX1 expression.

**miR-675 Promotes AKT/mTOR Pathway Activation via Downregulating RUNX1**

The Akt/mTOR signaling axis has been shown to be regulated by RUNX1 (29,30) and is activated in gastric cancer (32). Furthermore, Akt was found to be involved in H19/miR675-mediated carcinogenesis of human hepatocellular carcinoma (35). Here, in AGS cells, we found that both H19 and miR-675 promoted Akt and mTOR phosphorylation, and miR-675 inhibitor significantly suppressed the phosphorylation of Akt and mTOR that

**Figure 1.** H19 and miR-675 are systematically positively correlated with clinical stage in gastric cancer. Relative expression of H19 (A) and miR-675 (B) in different stages of 114 gastric cancer tissues, which were normalized to GAPDH/U6 with respect to normal gastric mucosa. (C) Positive correlation of H19 and miR-675 expression in gastric cancer tissues, $r=0.5725$, $p<0.0001$, $n=114$. (D) Relative H19/miR-675 expression in AGS cells was compared with those of GES-1 cells. (E) AGS cells were transfected with plasmids or oligonucleotides for 48 h. Then the relative expression of H19/miR-675 was validated using quantitative reverse transcription-PCR. Data presented as mean ± SD, $n=3$ independent experiments.
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was induced by ectopic H19 expression (Fig. 3D). Thus, these results confirmed that H19 depend on miR-675 to enhance the activation of AKT/mTOR signaling.

Next, AGS cells were cotransfected with RUNX1 overexpression plasmid and miR-675 mimic, ectopic expression of RUNX1 suppressed the phosphorylation of Akt and mTOR that was induced by miR-675 mimic (Fig. 4A). More importantly, in AGS cells, which cotransfected with RUNX1 siRNA and miR-675 inhibitor, we further noticed that RUNX1 interfered and reversed the suppressive function of miR-675 inhibitor on AKT and mTOR phosphorylation (Fig. 4A). Thus, these results demonstrated that H19-derived miR-675 activates Akt/mTOR signaling pathway by depressing RUNX1 expression.

**Ectopic Expression of RUNX1 Reverses miR-675-Induced Gastric Cancer Progression**

As an important tumor suppressor, RUNX1 has been found to downregulate in gastric cancer (27,36). To further confirm that the tumor-promoting effects of miR-675 in gastric cancer cells is the result of the repression of RUNX1, AGS cells were simultaneously transfected with miR-675 mimic and RUNX1. As shown in Figure 4B–D, ectopic expression of RUNX1 suppressed the promotion in cell growth, colony formation, and invasiveness of AGS cells caused by miR-675 mimic. In addition, as for AGS cells, which were transfected with miR-675 inhibitor plus RUNX1-specific siRNA, knockdown of RUNX1 reverses the tumor retardation caused by miR-675 inhibitor. These results strongly indicated that RUNX1 is an important target that was downregulated by miR-675 to promote gastric cancer progression.

**DISCUSSION**

Recently, accumulating studies have demonstrated that serious lncRNAs are dysregulated in gastric cancer and are closely related with tumorigenesis, metastasis, or prognosis (37), such as the GAS5, SUMO1P3, MEG3, and H19 (34,38–40). Furthermore, the mechanisms underlying the role of lncRNAs in transcriptional regulation are complex (41,42). As for H19, studies have suggested that the oncogenic role of H19 is associated with its function as the precursor of miR-675 (43,44). However, the underlying mechanism remains unclear. In this study, we first established the possible link between H19-derived miR-675...
and RUNX1/Akt/mTOR signaling axis in gastric development, which associates lncRNAs with microRNAs and signaling proteins, and this approach may provide valuable clues for the identification of new potential targets for cancer therapy.

Furthermore, our data showed that H19 expression in tumor tissues was positively correlated with clinical stage. This was consistent with the study conducted by Li et al. (34). They further identified that high expression of H19 in GC was correlated with poor prognosis while showing a little difference with the study of Song et al. (8), as there is no significant difference in their study. Owing to the difficulty in getting individual information of patients in these two studies, the correlation of H19 with the clinical stage may need a further meta-analysis in the future.

As miR-675 is derived from the first exon of H19 (45), miR-675 expression showed a positive correlation with H19 in gastric cancer. Currently, a study has found that miR-675 expression could discriminate adrenocortical carcinomas from adrenocortical adenomas (46) and dramatically promote the progression of hepatocellular carcinoma (47). In addition, H19-derived miR-675 promotes cancer cell proliferation and invasion in different cancers, including colorectal cancer, glioma, and gastric cancer (22,27,33). However, the underlying mechanism of miR-675 and its regulatory network in gastric cancer is still largely unknown. Many targets of miR-675 have been identified in different models of disease, such as Twist1, NOMO1, RB, CALN1, and RUNX1 (27,33,34,44,47).

RUNX1 is an important tumor suppressor and has been found to be a direct target of miR-675 (27); however, it was denied in a study conducted by Li et al. (34). So, in this study, we predicted the target of miR-675 in the website of miRBase and reexamined in AGS cells. Our data showed that H19 and miR-675 regulated RUNX1 expression in mRNA and protein level. In addition, whether RUNX1 is involved in regulating invasion and colony formation of gastric cancer cells is still unclear and which are important abilities that mediated tumor metastasis. In this study, we found that ectopic expression of RUNX1 suppressed these activities caused by miR-675 mimic in gastric cancer cells. Thus, the expression level of RUNX1 played a pivotal role in miR-675-mediated tumor progression.

Akt/mTOR pathway has been reported to be regulated by RUNX1 in leukemia carcinogenesis (29,30). More importantly, it also linked with H19/miR-675 to mediate tumor metastasis (35,48). In this study, by manipulating the expression of H19/miR-675 or RUNX1, we found that

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**Figure 3.** H19-derived miR-675 regulates RUNX1 and promotes Akt/mTOR phosphorylation. (A) RUNX1 is potentially targeted by miR-675 using bioinformatic analyses. (B) Relative expression of RUNX1 in AGS cells was compared with GES-1 cells. AGS cells were transfected with plasmids or oligonucleotides for 48 h and then the relative expression of RUNX1 was validated using quantitative reverse transcription-PCR (C). Western blotting analyses were performed to detect the protein levels of RUNX1, Akt, and mTOR (D). Data presented as mean ± SD, n= 3 independent experiments.
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H19/miR-675 regulated the phosphorylation of Akt and mTOR, and this effect was dependent on the expression level of RUNX1. In addition, we also observed that introduction of RUNX1 rescued p53 inactivation in response to the overexpression of H19 or miR-675 (data not shown). This may be due to RUNX1, which is required for the stimulation of p53 in response to DNA damage caused by H19/miR-675 (26,49). Further exploration of the role of RUNX1-participated pathways in H19/miR-675-mediated tumor progression would be of interest in future studies.

In conclusion, the major findings of this study can be summarized as follows. (i) H19 regulates the gastric cancer progression via miR-675. (ii) H19-derived miR-675 modulates gastric cancer progression by downregulating the tumor-suppressor RUNX1. (iii) RUNX1 regulates the activation of Akt/mTOR signaling pathway and is an important factor for the tumorigenesis and metastasis of gastric cancer. Thus, our study provides value clues for understanding the regulatory network of H19 in tumor carcinogenesis and identifying new therapeutic targets for the treatment of gastric cancer.

ACKNOWLEDGMENTS: This study was supported by the National Natural Science Foundation of China (Grant No. 81370562).

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